



*The Shrine of the Sacred Heart  
Baltimore, Maryland*

## ***The First Sunday of Lent March 1, 2009 ~ Cycle B***

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### ***From our pastor, Msgr. Cramblitt....***

The great season is upon us! We have received the ashes that are a sign of repentance, and we have begun the great Fast. Lent is such a powerful season of grace. It does so much more than simply recall the saving act of God in Christ. It brings that saving act of God in Christ into the present moment, directly into our hearts. Now is the season when we open ourselves up to God's grace. Now is the time when we look to God to be healed of sin, healed of guilt, and made whole once again. Now is the time when we look to hear the words Jesus spoke to Lazarus – "untie him and let him go" – spoken to us. Are you ready for it?

Of course, if you want God to really act, to touch you with His amazing grace, than you need to open yourself up to God. How? There are ways that we have used in the Church for centuries and that still work. Try these:

- ✧ Attend daily Mass during Lent. At Mass the word of God will come to you, wash over you, and begin to sink into your consciousness. At Mass you will be daily with the Lord in Holy Eucharist.
- ✧ Come to the Sacrament of Reconciliation. This year we will offer Reconciliation every Wednesday at 7pm, on First Fridays at 5pm, and on Saturdays at 4pm. There's lots of opportunity for you! It is in Reconciliation that the burden of sin and guilt is lifted. It can change your life!
- ✧ Come spend time in prayer on Wednesdays of Lent. There will be adoration before the Blessed Sacrament in the chapel from 7 to 8:30pm. During that time you may join in the rosary, make the Stations privately in a slow and meditative manner, pray Evening Prayer, and be present for the benediction of the Blessed Sacrament.
- ✧ Make a true Lenten Fast. Eat one principal meal a day for the 40 days. Put away snacks, junk food, alcohol, tobacco, meat, etc. The Fast is meant to be both a physical and a spiritual purification. By putting aside the comfort foods and eating simply there is more time and energy to spend in prayer and meditation.
- ✧ Practice charity. Since we have already completed the Archbishop's Annual Appeal you will not be asked for a major gift of money in Lent. Instead, practice charity in the sense of loving more intensely those around you. Be kind to all. Hold the Lord Jesus in your heart and speak and act in His compassion. Do this at home. Do this in the office. Do this in the grocery store. Do this on the highway. Love one another!
- ✧ Finally, read the scriptures and pray over them. Especially read the Passion of Jesus and let it touch your heart anew.

However you do it, don't miss the opportunity of Lent. It is, in fact, the opportunity to let God touch you personally. Who wouldn't want that?

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### ***Join Us In Worship***

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**RCIA NEWS:** Please remember in prayer Joseph Atas, Arnold Gerber, Phyllis Smith, catechumens, and Rodney Bolton and Elizabeth Olson, candidates, who will celebrate the Rite of Election at 3PM today in the Cathedral of Mary Our Queen. They will assemble with hundreds of other adults who are preparing to be baptized and to profess faith at the Easter Vigil, April 11.

**THE LIGHT IS ON: COME AND PRAY:** Wednesdays during Lent will offer both communal and private prayer time for the community's nourishment. Join us on March 4.

7 to 8:30PM ~ Confessions and Devotions  
7PM ~ Adoration of the Blessed Sacrament  
7:05PM ~ Rosary  
8PM ~ Vespers and Benediction

**FIRST FRIDAY, MARCH 6:** Holy hour and confession at 5PM ~ Mass with Devotions to the Sacred Heart at 6PM ~Lenten Dinner follows in the Undercroft.

**FASTING AND ABSTINENCE DURING LENT:** Catholics between the ages of 18 and 59 are obliged to fast on Ash Wednesday and Good Friday. In addition, all Catholics 14 years old and older must abstain from meat on Ash Wednesday, Good Friday and all the Fridays of Lent.

**CHILDREN'S LITURGY OF THE WORD:** Join us every Sunday of Lent at the 9AM Mass.

**MASS INTENTIONS**

Sat, Feb 28 5:00 p.m. . . . . +Albert Hensley  
 Sun, March 1 7:30 a.m. . . . . +Steve Dempsey  
 11:30 a.m. . . . . For the People of SSH  
 Mon, March 2 7:00 a.m. . . . . +Doris Cramblitt  
 Fri, March 6 6:00 p.m. . . . . +John L.V. Murphy, Jr.

**PRESIDER SCHEDULE ~ MARCH 7 - 8**

5:00 PM . . . . . Msgr. Richard Cramblitt  
 7:30 AM . . . . . Msgr. Richard Woy  
 9:00 AM . . . . . Msgr. Richard Woy  
 11:30 AM . . . . . Msgr. Richard Cramblitt

**READINGS FOR THE WEEK**

**Monday, March 2 ~ Lenten Weekday**

Lv 19:1-2,11-18; Mt 25:31-46

**Tuesday, March 3 ~ Lenten Weekday**

*Katharine Drexel, virgin*

Is 55:10-11; Mt 6:7-15

**Wednesday, March 4 ~ Lenten Weekday**

*Casimir*

Jon 3:1-10; Lk 11:29-32

**Thursday, March 5 ~ Lenten Weekday**

Est C: 12,14-16,23-25; Mt 7:7-12

**Friday, March 6 ~ Lenten Weekday**

Ez 18:21-28; Mt 5:20-26

**Saturday, March 7 ~ Lenten Weekday**

*Perpetua & Felicity, martyrs*

Dt 26:16-19; Mt 5:43-48

**Sunday, March 8 ~ Second Sunday of Lent**

Gn 22:1-2,9a,10-13,15-18; Rom 8:31b - 34; Mk 9:2-10

**PRAYER FOR PEACE IN THE MID-EAST** is offered by the faith communities of Maryland every 22nd of the month 7:30PM. We will meet to pray for peace, 7:30PM on Sunday, March 22, at Memorial Church, 1407 Bolton Street, Bolton Hill, Baltimore. Please join this interfaith effort of prayer! **For further information contact: Charles Cloughen, Jr., frcharles@verizon.net**

**"THE DIGNITY OF HUMAN LIFE MUST NEVER BE TAKEN AWAY, EVEN IN THE CASE OF SOMEONE WHO HAS DONE GREAT EVIL."** Pope John Paul II, 1999: *The Maryland legislature is currently considering a law that would repeal the death penalty in Maryland. As Catholics and people of good will, we are called to respect life and to defend it at all of its stages, from conception until natural death. Archbishop O'Brien invites Catholics and all people of faith to attend an interfaith prayer service for the repeal of the death penalty in Maryland on Sunday, March 8, at 7PM at the Basilica. Visit [www.archbalt.org](http://www.archbalt.org) for more details.*

*Join Us In Learning*

**ADULTS**

**YEAR OF ST. PAUL LECTURE SERIES**

Sunday, March 22, after the 11:30 Mass the Shrine will host the next Year of St. Paul lunch followed by the 1:30PM lecture.

To reserve a space, please add your name to the Sign-Up sheet in the Tower Room.

We look forward to an interesting lecture by

**Dr. Elisha Dumser**

who will present:

**Early Churches In Rome**

- **Architectural Development and Decoration** -

Contact Sister Carol for details at 410-466-6884x15.

**YEAR OF ST. PAUL BOOK CLUB**

Contact Sister Carol (410-466-6884x15)

**TITLE**

Reading Paul by Michael J. Gorman  
 Cascade Books 2008

**STUDY GUIDE QUESTIONS**

available at our website, [www.theshine.org](http://www.theshine.org). or call the parish office and request a copy.

**BOOK CLUB SESSION**

Sunday, March 22, at 12:30PM  
 Wednesday, March 25, at 11AM

**FACILITATOR**

Director of Religious Education, Michaela Radziszewski.

# Know Your Giftedness: Know God

*The annual enrichment time for parish ministry groups*

Have you ever had an opportunity to prayerfully discern your God-given gifts?

On Saturday, March 28, the Shrine of the Sacred Heart, will offer a morning of guided reflection and discernment using *The Catholic Spiritual Gifts Inventory*.

Rev. Gerald Francik, Archdiocesan Director of Vocations, will be the presenter.

Scripture offers words of wisdom regarding gifts and God: *Jesus answered and said to her: "If you knew the gift of God and who is saying to you..."* Jn 4:10 and *"...all good giving and every perfect gift is from above..."* Jas 1:17 The Spirit of God is revealed in different ways through each one's gifts used for the common good. *"There are different workings but the same God who produces all of them in everyone."* 1 Cor 12:6

Theologian Karl Rahner, S.J., said: *"When we are in touch with ourselves authentically, we experience God."* On March 28, you will discover more deeply how God has gifted you and how God may be manifested in your service to others.

Parishioner, Mrs. Debby Gerber, who has used the inventory, remarked: *I found the discernment process incredible. I never thought of myself as having any "gifts". The process helped me to focus on strengths that I could actually develop more fully and I realized that certain gifts can so easily be used in all settings with a little tweaking in order to bring out "giftedness" in others. It is a great way to integrate our physical being with our spiritual being.*

Contact Sister Carol: 410-466-6884, x15 or [carol@theshrine.org](mailto:carol@theshrine.org) to register.

## Schedule:

- 8:00 Saturday Mass (Option) in Chapel
- 8:30 Brunch in the Undercroft
- 9:00 Prayer
- 9:15 Presentation by Fr. Gerald Francik
- 9:45 Break
- 10:00 *Catholic Spiritual Gifts Inventory* and silent prayer
- 11:00 Discussion of the Inventory and discernment re: Parish Ministries
- 11:50 Closing Prayer
- Noon Closure



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## *Join Us In Service*

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### **"HEARTBEAT: SHRINE HUMAN LIFE MINISTRY"**

**30TH ANNUAL MARYLAND MARCH FOR LIFE:** Monday, March 9, beginning at St. Mary's Church, 109 Duke of Gloucester Street, Annapolis MD 21401. The evening begins at 6PM with a concurrent Mass (celebrated by Archbishop O'Brien) in the Church and Prayer Service in the Auditorium. The March begins at 7PM from St. Mary's Church and processes through the streets of Annapolis to Lawyer's Mall at the State Capitol. At Lawyer's Mall, we let our voices be heard that we Support Pregnant Women. Master of Ceremonies: Tracey Tiernan, WRBS On-Air Radio Personality. The evening concludes with refreshments back at St. Mary's Auditorium.

### **ARTS AND CRAFT SUPPLIES FOR MT. WASHINGTON**

**PEDIATRIC HOSPITAL:** Our Lenten outreach 2009, "Imitate Christ's Compassion for the Sick," will help support the efforts of the Mt. Washington Pediatric Hospital. Since 1922, the Mt. Washington Pediatric Hospital on W. Rogers Avenue has provided inpatient and outpatient pediatric health care rehabilitation and medical services to medically fragile infants and children in our community. On March 1 and 8 at all the Masses, we will collect donations downstairs of NEW arts & crafts supplies, such as construction paper, markers, glitter and glue, for the children at this facility. Please be as generous as you can. Anyone interested in volunteering to visit with these children and in assisting the professional staff with their social and physical development can do so by calling MWPH's Volunteer Services Manager, Pat Klima, at 410-578-2651, or by visiting their website [www.mwph.org](http://www.mwph.org). No prior experience in child or health care is required to participate in this wonderfully organized and worthwhile volunteer program.

**PLEASE KEEP IN YOUR PRAYERS THE SICK OF OUR PARISH, ESPECIALLY:** *Claire Hillary, Gloria Marble, Teddy Morton and Brittany Perkey.*

**PARISH LIFE RECEPTIONS TEAM NEEDS NEW MEMBERS:**

Are you interested in serving the church by joining our Parish Life **Receptions Team**? No experience necessary - just be willing to help to set up and serve food and refreshments at parish receptions. If you would be interested, please e-mail Anne Mathews for more information at [anniemath@comcast.net](mailto:anniemath@comcast.net) or call her at 443-682-9410.

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*Join Us In Community*

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**Spaghetti Dinner  
hosted by  
Girl Scout Troop 1418**

***Join us Sunday, March 15  
4 to 7:30 PM***

Taylor Hall  
The Shrine of the Sacred Heart School  
5800 Smith Avenue

Cost: Adults (14 & Older) \$8.00  
Children \$5:00

Troop 1418 will be traveling to Savannah, GA, the birth place of the founder of Girl Scouts. Proceeds from this dinner will help defray our costs. Call 410-225-9535 or 410-486-8716 with any questions. Thank you for your support.

**SPRING FORWARD!**  
**NEXT SUNDAY, MARCH 8:**  
**Remember to set your clocks  
ahead one (1) hour next  
Saturday night.**



**NEW PARISHIONERS WELCOME:** Our parish family extends a warm welcome to all that are joining us for worship. If you are new to the area we invite you to register and make The Shrine of the Sacred Heart your parish. Call the office to register (410-466-6884, x10)

**THIS WEEK AT THE SHRINE**

**Meeting Rooms:** Gathering Rooms I, II, III (GRI, GRII, GRIII) and the Choir Room (CR) are located in the Undercroft of the Church. Taylor Conference Room (TCR) is located in the Rectory. School Library (SL), Taylor Hall (TH) are in the school.

**Monday, March 2**

7PM RCIA (GRIII)

**Tuesday, March 3**

7PM Pastoral Council Mtg (GRI)

7PM Communion & Liberation (GRIII)

**Wednesday, March 4**

7PM The Light Is On: Come and Pray

**Thursday, March 5**

9AM Staff Mtg (TCR)

7PM Knights of Columbus (GRI)

7PM Spanish Bible Study (Deacon's Office)

7:15 Choir (CR)

**Friday, March 6 ~ First Friday**

9:30AM School Mass

12:00 School dismissal

5PM Holy Hour & Reconciliation

6PM Mass followed by a Lenten Dinner

**Saturday, March 7**

6:30PM CLP - Handmaids of the Lord (GRI, II, III)

Return Arts & Crafts donations for Mt. Washington Pediatric Hospital

**Sunday, March 8 ~ DAYLIGHT SAVINGS TIME BEGINS**

9AM Children's Liturgy of the Word at 9AM Mass

10:15 Elementary Faith Formation

6PM Confirmation (GRII)

Return Arts & Crafts donations for Mt. Washington Pediatric Hospital

**DID YOU WORK FOR NOXELL OR KNOW SOMEONE WHO DID?**

The Bunting family is working on a research project to create a history of The Noxell Corporation, The Noxema Chemical Company, The Bunting Chemical Company, etc. The family would very much appreciate the ability to acquire any of the following pre-1989 items (the older, the better!), used or new: CoverGirl cosmetics, plastic or glass Noxzema jars with labels and lids, product displays, promotional items (post cards, sun meter, pearls, etc.) holiday gifts, shave products, Nox-Ivy, etc., etc. If you can help us, please email to [sriel@buntingoffice.com](mailto:sriel@buntingoffice.com) or call 443-541-2447, x2013.

**CONTEMPLATION: A LOVING PRESENCE TO WHAT IS:**

Saturday, March 21, 9:30AM - 4PM. Is it difficult to find God in your everyday life or in the world saturated with violence, noise and impasse? Contemplation "is the loving gaze that finds God everywhere..." (Brother Lawrence). It helps us to listen with the ears of our heart and to discover anew the presence who is already with us and in us. Guided By: Martha Starrett at Bon Secours Spiritual Center, 1525 Marriottsville Rd, Marriottsville MD 21104. Cost: \$50.00 (includes lunch). To register, please call 410-442-1320 or visit [www.BonSecoursSpiritualCenter.org](http://www.BonSecoursSpiritualCenter.org)